

Hays Recreation Commission Open Gym Schedule

ALL SCHEDULES SUBJECT TO CHANGE!

Gym #1		Mon. 3-20	Tue. 3-21	Wed. 3-22	Thurs. 3-23	Fri. 3-24	Sat. 3-25	Sun. 3-26
8:00 AM	9:00 AM						CLOSED	CLOSED
9:00 AM	10:00 AM							CLOSED
10:00 AM	11:00 AM							CLOSED
11:00 AM	12:00 PM							CLOSED
12:00 PM	1:00 PM			12:00-2:00		12:00-2:00		CLOSED
1:00 PM	2:00 PM			Noon-Ball		Noon-Ball		Adult
2:00 PM	3:00 PM							Women's
3:00 PM	4:00 PM							Volleyball
4:00 PM	5:00 PM		Volleyball	Volleyball	Volleyball	Birthday		
5:00 PM	6:00 PM	Adult				Party	CLOSED	CLOSED
6:00 PM	7:00 PM	Coed					CLOSED	CLOSED
7:00 PM	8:00 PM	Volleyball		Women's			CLOSED	CLOSED
8:00 PM	9:00 PM			Volleyball			CLOSED	CLOSED
9:00 PM	10:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Gym #2		Mon. 3-20	Tue. 3-21	Wed. 3-22	Thurs. 3-23	Fri. 3-24	Sat. 3-25	Sun. 3-26
8:00 AM	9:00 AM						CLOSED	CLOSED
9:00 AM	10:00 AM				Pickle			CLOSED
10:00 AM	11:00 AM				Ball			CLOSED
11:00 AM	12:00 PM							CLOSED
12:00 PM	1:00 PM		Pickle Ball	12:00 - 2:00	Pickle Ball	12:00-2:00		CLOSED
1:00 PM	2:00 PM			Noon-Ball		Noon-Ball		
2:00 PM	3:00 PM							
3:00 PM	4:00 PM							
4:00 PM	5:00 PM		Volleyball	Volleyball	Volleyball			
5:00 PM	6:00 PM	Adult					CLOSED	CLOSED
6:00 PM	7:00 PM	Coed					CLOSED	CLOSED
7:00 PM	8:00 PM	Volleyball		Women's			CLOSED	CLOSED
8:00 PM	9:00 PM			Volleyball			CLOSED	CLOSED
9:00 PM	10:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Gym #3		Mon. 3-20	Tue. 3-21	Wed. 3-22	Thurs. 3-23	Fri. 3-24	Sat. 3-25	Sun. 3-26
8:00 AM	9:00 AM	8:00-9:00 Low Impact		8:00 - 9:00 Low Impact	Core	8:00-9:00 Low Impact	CLOSED	CLOSED
9:00 AM	10:00 AM		Pickle					CLOSED
10:00 AM	11:00 AM		Ball					CLOSED
11:00 AM	12:00 PM							CLOSED
12:00 PM	1:00 PM	Group Fitness	12:00 - 1:00 Light Lunch	12:00 - 1:00 Power Yoga	12:00 - 1:00 Light Lunch	12:00 - 1:00 Light Lunch		CLOSED
1:00 PM	2:00 PM	Pickle Ball	1:00 - 2:00 Sit N Be Fit	Tai Chi	1:00 - 2:00 Sit N Be Fit			
2:00 PM	3:00 PM							
3:00 PM	4:00 PM	Tumbling	Tumbling	Tumbling	Tumbling	Tumbling		
4:00 PM	5:00 PM							
5:00 PM	6:00 PM	Group Fitness	5:15 - 7:45	5:15 - 7:15pm	5:15 - 7:45	5:15-7:45	CLOSED	CLOSED
6:00 PM	7:00 PM		Group Fitness	Group Fitness	Group Fitness	Group Fitness	CLOSED	CLOSED
7:00 PM	8:00 PM	Adult Coed				Birthday Party	CLOSED	CLOSED
8:00 PM	9:00 PM	Volleyball					CLOSED	CLOSED
9:00 PM	10:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

YOU CAN ALSO VIEW THIS SCHEDULE ON OUR WEB SITE - WWW.HAYSREC.ORG!