

HRC Summer

Volleyball League

Basic Rules

KSHSAA Rules Apply:

- 2 time outs per game
- 12 subs allowed
- Libero can serve in one position

HRC Rules:

- Middle School and Freshman/C-team teams are required to have a coach/adult on the bench
- One referee will be supplied. She will referee and scorekeep. Please show good sportsmanship!
- Matches are best 2 of 3 sets. First 2 sets are to 25 points. If a 3rd set is necessary, it will be to 15 points.
- Each team is **required** to supply one line judge for each match they play. If you refuse, you will forfeit.
- We regularly run ahead of schedule; arrive 15 minutes before your first scheduled game time.
- Teams should not leave between their matches. Any team that has played, will not be given any extra time to come back to the gym to begin a game. We often switch up courts to accommodate teams so there is less waiting time. Please plan on being at the gym the entire evening.
- Food is allowed to be brought into the building. Please keep it in the hallways.
- **If your team is short players please find subs to bring your team to the minimum number required (5).** Please try to find subs to fill your roster before calling to forfeit. Subs do not have to be registered with the league... you can get anyone in your skill division or younger to play.
- Anyone playing in a lower division may “sub up” to help complete a roster.
- Anyone playing in a higher division may NOT “sub down” to help complete a roster.
- Players may play on 2 rosters in different leagues but are required to pay 2 entry fees. EX: you may have a player play on both your varsity and JV teams.

Warm Up: (teams will be given the option to have shorter warm up if requested)

- 2 minutes shared ball handling
- 3 minutes serving team has the court, receiving team off □ 3 minutes receiving team has the court, serving team off
- 1 minute shared serving

League Format:

- There will be 3 rounds of pool play
- Monday teams will begin May 28th.
 - They will play in the same pool May 28th and June 4th
 - Teams will be repooled and new the new schedule will be sent out by June 7th

- They will then play June 11th and June 18th
- Teams will be repooled again and the new schedule will be sent out by June 21st
- They will then play June 25th and July 9th (the 9th will be the last day of play)
- Thursday teams will begin May 30st
 - They will play the May 30th and June 7th
 - Teams will be repooled and the new schedule will be sent out by June 11th
 - They will then play June 14th and June 21st
 - Teams will be repooled again and the new schedule will be sent out by June 25th
 - They will then play the June 28th and July 12th (the 12th will be the last day of play)

Repooling Decisions:

- Repooling will be based off win/loss record first
- In the case of a tie it will go head to head
- Lastly ties will be broken by points

Sliding Scale:

The high school division will begin with the teams choosing their level of play, freshman/c-team, JV, competitive JV, or varsity. Then once play begins, the division lines will go away. Teams will be moved where they will see other teams of similar ability. The middle school will only have one division of 7th and 8th graders combined. Again, once play begins, the division lines will go away and these teams will be moved based on record and ability. Varsity and some JV will play on Monday evenings and the JV, freshman/C-team and middle school divisions will play on Thursday evenings.

At the top of the sign up form there is a place to request dates off if your team is unavailable to play for whatever reason. However, it is important to note that you will not be allowed to reschedule any games due to the way the league is formatted. This year because we are able to start the last week of May we will take the week of the 4th of July off.

All communications will be sent out via email. Please check your email before you travel to play. Please call Jaylen @ 303-656-7176 or email jradams3@mail.fhsu.edu for any questions. Go to www.haysrec.org to find your roster, print off game schedules, and see an updated record.

Sub Rules

Teams are required to have a minimum of 5 players to play a legal game. If a team has 4 or less, the game is a forfeit. Teams may use subs to bring their numbers up to a legal number of players.

At 10 minutes after the scheduled game time, if the team does not have at least 5 players, the team forfeits the **second set too, and receives a loss** on their team record. If the games are running behind or ahead of schedule, this rule is still based off scheduled game time.

All subs must be of high school or middle school age as of the '17-18 school year to make the game valid. You cannot use any recently graduated seniors or college age players. Middle school division MAY use a 6th graders. You may use someone to sub that isn't playing in the league, as long as they fit the requirements to play.

Players that are currently signed up for the league may only "sub up". Example: Middle school players may sub up to any division, but the high school's high level pools may not sub down. Also schools entering more than one team in the same division should NOT sub across the **same** division. You must utilize younger players to help your team if you are short.

Because of the pool play format, we will not reschedule any games. Please note on your sign-up forms if you are unable to make a certain week/date. If something comes up after the schedule is out, please find subs to fill in for any players unable to make your games so that your team doesn't have to forfeit. Please use discretion when choosing a sub. Consider safety when using a younger sub in the upper divisions.

Any sub that helps a team in more than half their game dates will have to pay an entry fee.

Please call Jaylen @ 303-656-7176 or email @ jradams3@mail.fhsu.edu for any questions.