

2024 HRC SPRING COED VOLLEYBALL LEAGUE RULES

1. Games are held at the Hays Recreation Gyms. (1105 Canterbury Dr.) Running from 6:10pm to 9:30pm.
2. Eligibility: All players on roster must be 16 years or older as of 2/26/2024.
3. Please turn team roster form into referee at first game.
4. Net Height: 7'9"
5. Number of Players: Teams can play 3 females/3 males or 4 females/2 males. Can't have more males than females. Can play with 5 total players.
6. The Game: Matches are best 2 of 3 sets. Play to 25 points. Rally scoring will be used. If a team wins both games 1 and 2, can play a 3rd set to 15 points for fun.
7. Game and warmup volleyballs provide.
8. Officials: One referee will be used for all games.
9. Teams get 4 minute warmup time between games.
10. Forfeit Time: Is 5 minutes after scheduled game time. Can start with 5 players.
11. Competitive teams spot intermediate teams 3 points each game. Intermediate teams spot Rec teams 3 points each game. If a match goes to a third set, one point is taken off the spot with game being played to 17.
12. **ROTATION OF HITS:** Teams are allowed three (3) hits before the return of the ball over the net. If the ball is played more than once by a team the ball must be played by a female before the return of the ball over the net. For Example: If two (2) males hit the ball in succession then the next hit must be made by a female.
13. **DEAD BALL:** Anytime the ball hits the wall it will be declared a side-out. The drape between courts 1 and 2 is considered a wall.

14. CEILING BALL: A ball may be played from the ceiling or any protruding object of the ceiling (basketball goals or lights) as long as that team has hits remaining. Anytime the ball hits any part of the ceiling either on the serve or on the return of the ball over the net it will be declared a side-out. If the ball hits the ceiling on the opponents side of the net and comes back to your team, it will be declared a dead ball even if you have hits remaining.
15. Will follow KSHSAA and HRC Volleyball Rules not listed.
16. Can find game schedule, rules, and results at www.haysrec.org un adult sports.

